

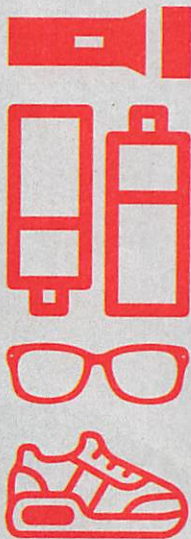


HOW TO PREPARE FOR A NATURAL DISASTER

Fires, tornadoes, floods and hurricanes are becoming greater threats across the globe amid the climate crisis. What to do—and bring—if you're facing an emergency in your area

☐ Pack a 'Go' Bag

Each member of your family should have a bag to grab that includes: a change of clothing and underwear (including a long-sleeve shirt and pants); a flashlight and extra batteries; prescription medication (seven-day supply); extra glasses or contacts if needed; a **face mask**; a phone charger; extra charger or battery pack; **physical maps** marked with two different evacuation routes; and a pair of sturdy, **closed-toe shoes** with **nonslip soles** to cross dangerous or wet terrain.



HOW TO HELP IN CALIFORNIA

AMERICAN RED CROSS

redcross.org

A gift to the Red Cross will help provide assistance such as shelter for families, delivery of relief supplies and meals and support for emergency responders.

CALIFORNIA COMMUNITY FOUNDATION

calfund.org

Since 2003 the CCF Wildfire Recovery Fund has provided over \$30 million to communities affected by disasters. They will offer long-term relief to neighborhoods affected by the fires.

WORLD CENTRAL KITCHEN

donate.wck.org

Chef José Andrés's teams are helping to feed first responders and families affected by wildfires in the Los Angeles area.



Aid groups on the ground welcome donations.



Keep Documents Safe

Bring your computer and hard drive if possible, and make sure you have **electronic versions of important documents uploaded to the cloud**. But you'll also want **hard copies** of the following to access quickly: **passports; driver's licenses; credit cards; birth certificates; medication lists; proof of address; the deed or the lease to your home or rental agreement; insurance policies; and family and emergency contacts.**

☐ Stock a Supply Box

The Red Cross recommends keeping at the ready a three-day supply of water (three gallons per person) and nonperishable food (granola and protein bars, nuts, dried fruit and meats, instant soups), along with a first-aid kit, sanitary items, toilet paper, hand sanitizer, paper towels and wipes. Also consider a pocketknife or multi-tool, blankets and a battery-powered radio (with extra batteries).

☐ Prepare Pets

Practice getting your pets in and out of their carriers when it's not an emergency. Keep carriers in an easy-to-find location. Pack several days' worth of food and medications, if needed. Know which alternate shelters (or friends' homes) will allow you to arrive with pets.



Return Safely

After a disaster and before returning home, make sure the air and water quality is safe. Check air safety at airnow.gov. Local or state water departments can provide water quality information. When visiting a damaged home or neighborhood, wear gloves and a mask, and consider purchasing a hazmat suit in case of exposure to toxic materials.

☐ Make a Recording

Walk through each room in your house with your smartphone to record all your belongings, including furniture, electronics, jewelry and any other valuables. Documenting the contents of your home will help if you need to make an insurance claim.

☐ Have an Exit Plan

Discuss your exit route with all members of your family and make sure you know an alternate route in case your first is blocked. Keep your fuel tank full and have keys in an accessible place. Talk to your family about how you will stay in touch if you get separated. Tell your children who they should reach out to or where they should go if they can't reach you.